



## CAULIFLOWER RICE

1 head cauliflower, rinsed and cut into florets

2 Tbsp. **Meyer Lemon Infused Olive Oil** or avocado oil

Juice of 1 lemon

1 Tbsp. water

1 Tbsp. **Onion, Garlic & Herb Seasoning**

1 tsp. **Sunset Seasoned Salt**

2 tsp. **Garlic Pepper with a Twist of Lemon**

1/4 cup chopped mint

Shred cauliflower using a blender, food processor or cheese grater until it's the size of rice. Heat oil in large skillet over medium heat. Add all ingredients; cook, uncovered, for about 10 minutes, stirring often. In the last five minutes of cooking, add the chopped mint or parsley.



•Meyer Lemon Infused Olive Oil  
•Onion, Garlic & Herb Seasoning

•Sunset Seasoned Salt  
•Garlic Pepper with a Twist of Lemon